



## SRWC implements limited access areas to maintain workplace health and safety

In compliance with public health requirements for institutions of higher education issued by the State of California to reduce the risk of COVID-19 transmission, Stanford Redwood City is temporarily limiting external community member access to outdoor pavilions adjacent to office buildings and the Wellness Center. In line with the current policy regarding building entry, access is limited to approved staff, faculty, postdocs and students carrying their Stanford IDs, as well as vendors providing essential deliveries and maintenance.

[Read more about the limited access areas](#)

## WHAT'S HAPPENING ON CAMPUS AND BEYOND

### Recreation and wellness center reopens and expands indoor operations



The SRWC Recreation and Wellness Center recently announced the reopening of its indoor operations at 10% capacity. Starting Monday, Nov. 2, the gymnasium will reopen for basketball reservations, the rooftop pool will add additional swim lanes and the indoor Cardio/Strength Floor can now accommodate ten reservations per hour. The outdoor Fitness Garden will continue to remain open.

[Learn more about available spaces and make a reservation](#)

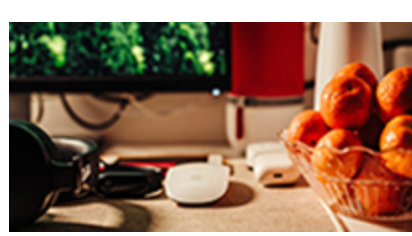
### SRWC adds temporary short-term parking spots



As campus operations gradually increase, we'd like to inform you of temporary short-term parking spots now available to the Stanford community at no charge. If you're coming to campus to exercise at the Recreation and Wellness Center or to pick up or drop off COVID-19 testing kits, you can park for up to one hour at no charge in five designated parking spaces in the southeast corner of the surface lot on Bay Road, at the corner of Warrington Avenue and Bay Road.

[Read more about other parking reminders](#)

### Register now for discounted wellness webinars



Join a noontime Healthy Living webinar on topics like Snacking Reinvented, Chronic Inflammation and Reducing Cardiometabolic Risk. Participants who have not used the gift code HIPWEB can receive \$10 off a webinar by entering the code at checkout. All webinars are STAP-approved and BeWell Berry-eligible.

[Explore webinars](#)

## OTHER CAMPUS UPDATES

### Stay up-to-date with these recent announcements

[What happens to Stanford IT services when the power goes out?](#)

University IT

[Time off to vote interim policy update](#)

Cardinal at Work

## UPCOMING EVENTS

Stanford | IT Community **POC-IT** People of Color in Technology

## Developing Your IT CAREER

Join on Zoom  
**November 4**  
**2 to 4 p.m.**

[RSVP Today](#)

**Stacy Kirk**  
Tech founder and CEO  
QualityWorks Consulting Group  
and Posture, Inc.

**Helen Hsu, Psy.D.**  
Staff psychologist and lecturer  
Stanford University

### Talks with the Artists: An Interview with Mona Caron

**Tuesday, Nov. 10 | 2:30 - 3 p.m.**

Join us for our next interview in the Talks with the Artists series where we speak with artists that have contributed to the SRWC art collection. Mona Caron, best known for her multi-story murals celebrating the rebellious resistance of weeds, is a Swiss artist who became a muralist in her adoptive hometown of San Francisco. [Learn more.](#)

### Virtual Yappy Hour

**Friday, Nov. 20 | Noon - 1 p.m.**

Back by popular demand! Relax and unwind by virtually cuddling with some furry friends from the Pets in Need animal shelter based in Redwood City. [Learn more.](#)

### Save the Date!

Take part in the festivities as SRWC Campus Services will host some exciting events this holiday season!

Monday, Dec. 7 | 5 - 6 p.m. — [SalsaRita class](#)

Wednesday, Dec. 9 | 5:30 - 6:30 p.m. — [Virtually Impossible Magic Show with Matt Marcy](#)

Thursday, Dec. 10 | 11:30 a.m. - 12:30 p.m. — [Trivia Bingo with Ryan Budds](#)

Friday, Dec. 11 | Noon - 1 p.m. — [Best Virtual Game Show Ever - Winter Wonderland Edition](#)

[View all upcoming events](#)

## SRWC FACILITIES ASSISTANCE

**URGENT ISSUES?**  
CALL 3-SRWC/(650) 723-7792

**WORK REQUESTS?**  
Submit work requests here

To ask questions or provide feedback, email [srwc-operations@stanford.edu](mailto:srwc-operations@stanford.edu)

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[redwoodcity.stanford.edu](http://redwoodcity.stanford.edu)

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